



# IF YOU COULD SEE COLORADO'S AIR, YOU'D WANT TO IMPROVE IT



Take simple steps to help reduce **ground-level ozone**: a colorless, odorless gas that develops when emissions, sunlight, and heat combine in the Colorado summertime.

Emissions from gas-powered vehicles, lawn equipment, and oil and gas production combine on sunny, summer days to form this invisible pollutant that irritates our throats and lungs, increases our susceptibility to respiratory infections, and exacerbates ailments such as asthma.

The good news: individual actions matter! Each of us can take simple steps to significantly reduce ground-level ozone in the Front Range and improve our communities' health.



- 1 Drive less:** carpool, combine trips, and walk, scooter, bike, bus, or take the light rail to get where you need to go.
- 2 Work from home** at least one day a week and/or on ozone action alert days.
- 3 Don't idle** in the driveway or parking lot: turn the car off & on again instead.
- 4 Fuel up** after 5 p.m. & stop at first click
- 5 Switch to electric** lawn equipment or mow after 5 p.m. when possible.



## Sign up for ozone alerts!

Get a text and/or email from the **Regional Air Quality Council** when ground-level ozone levels are high, so you can take action to protect your health and help improve this local air quality issue.

Scan the code  
to sign up  
for emails  
and/or text  
"BetterAirCO"  
to 21000



[simplestepsbetterair.org/signup-for-alerts/](https://simplestepsbetterair.org/signup-for-alerts/)